



BASS COAST CYCLE CHALLENGE
Ride the magical Bass Coast at the fun, friendly cycling event

**SAT 11
NOV 2023
INVERLOCH, VICTORIA**

**121km, 85km
& 100km gravel**
Challenge yourself
with Mt Misery climb

53KM, 40KM
A fun ride through
majestic scenery

ENTER NOW
BASSCOASTCYCLECHALLENGE.COM

Proceeds fund the in-school education of young drivers, passengers and cyclists, making our roads a safer place for all.

@bccchallenge
basscoastcyclechallenge

**ALEX SCOTT
AND STAFF**

**BASS
COAST**

Proudly supported by
Community Bank Inverloch
Bendigo Bank

RIDER MANUAL



Welcome to the Bass Coast Cycle Challenge

Saturday 11 November 2023

Inverloch and surrounds

Congratulations. You are now an entrant in the Bass Coast Cycle Challenge and there are some important pre-ride instructions that you should follow.

We have developed this manual to help ensure all entrants have a safe and enjoyable event day. Please read it carefully and familiarise yourself with your chosen route, your responsibilities as a road user and our commitment to making this well managed event a great success.

MAJOR SPONSORS



CHARITIES



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REGISTRATION CHECK IN in for cycle events / jersey pick up*

Where: Offshore Surf School, on the corner of Ramsay Blvd and Scarborough Street Inverloch (opposite the BCCC start/finish).

When: Friday 10 November 4.30pm-9:15pm, Saturday 11 November from 6.30am

**Riders who registered before 11:59pm 18 September will have jerseys for pick up.*

RIDE SCHEDULE

All rides start and finish on Ramsay Blvd, Inverloch outside the Beach Box Café (maps next page).

- 121km: 8am depart (briefing at start line 7:45am)
- 100km Gravel: 8:15am depart (briefing at start line at 8:05am)
- 85km: 9am depart (briefing at start line 8:45am)
- 40km/53km: 10am depart (briefing at start line 9:45am)



**BASS COAST
CYCLE CHALLENGE**

EVENT SCHEDULE

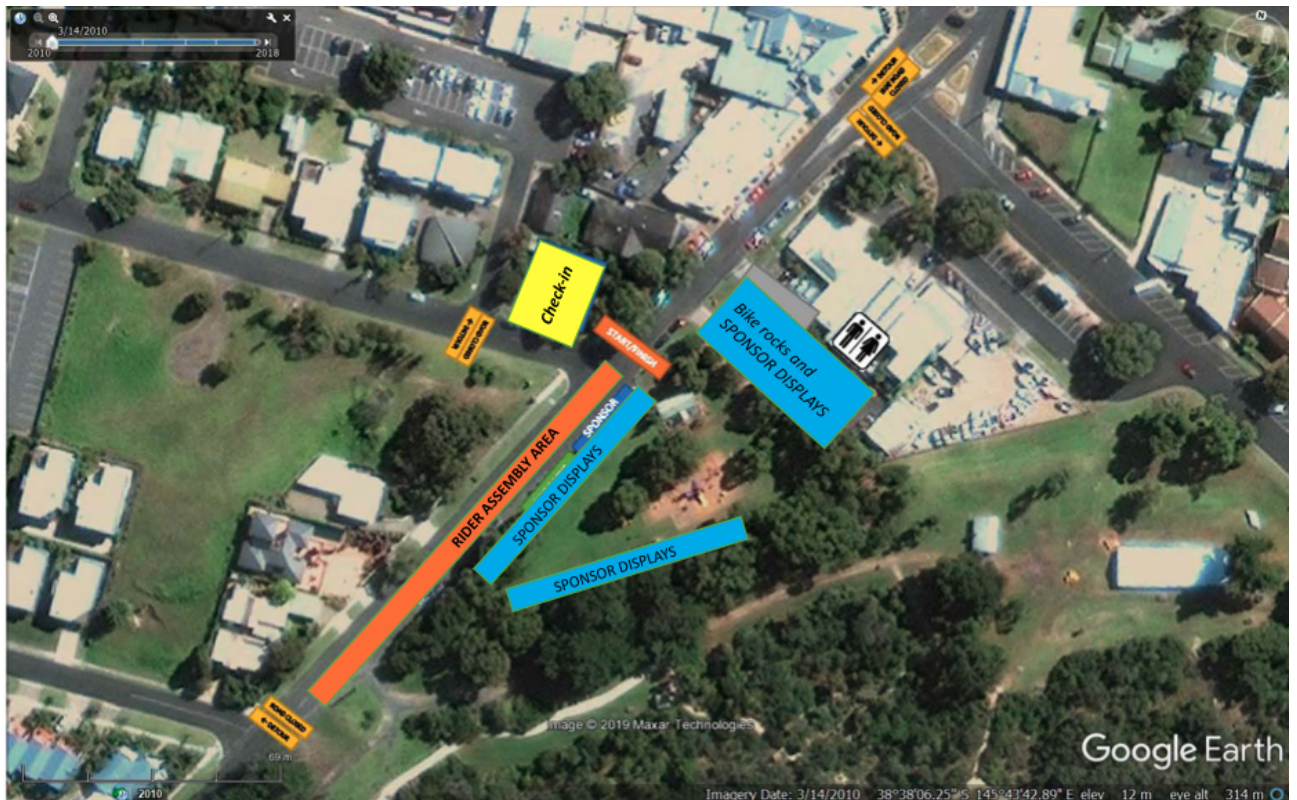
7:45am	121km cycling event briefing
8:00am	121km cycling event start (waves of 100 riders)
8:05am	Gravel cycling event briefing
8:15am	Gravel cycling event start
8:45am	85km cycling event briefing
9:00am	85km cycling event start
9:45am	53km & 40km cycling events briefing
10:00am	53km & 40km cycling events start
1pm - 2pm	Prize giveaways near start/finish
4:30pm	Close of event

EVENT CONTACTS

Please add these contacts to your phone before the ride:

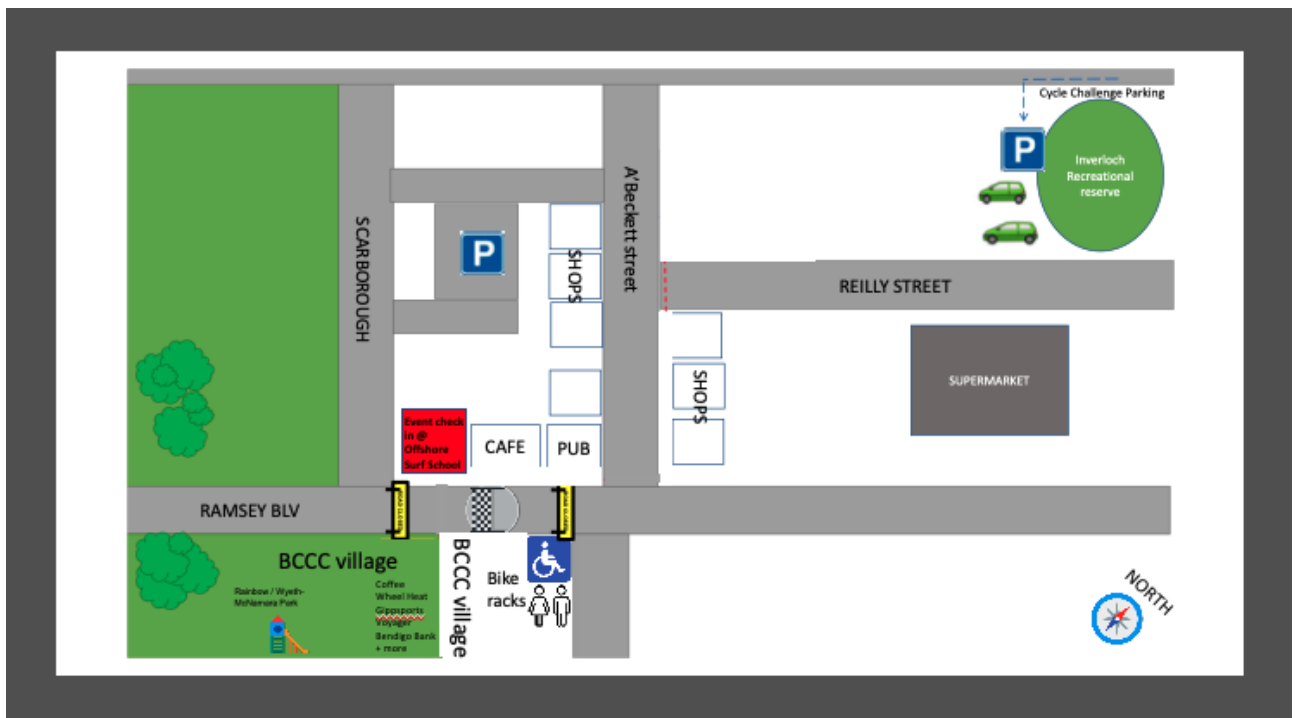
- **Event Manager:** Gavin Slavin 0409 060 032
- **For mechanical issues:** Morgan Barnes 0409 802 432
- **For non emergency medical issues:** Communications tent Oscar 0432 344 615
- **For emergencies** please call 000

MAPS - START/ FINISH, EVENT CHECK-IN



PARKING

Event parking is available in surrounding streets, and also at the Inverloch Recreation reserve: Sandymount Avenue, Inverloch



REFRESHMENT STATIONS

IMPORTANT NOTICE: Ensure you carry enough nutrition with you to last the entire ride. The Bass Coast Cycle Challenge will have food nutrition at 5 refreshment stations:

- **Benaway B&B Refreshment stop:** w/electrolytes drink only (emergency gels)
- **Gows Corner:** water/electrolytes drink /bananas/fruit cake/Carmans bars/gels/Anzac cookies
- **Archies Creek Hall:** water/electrolytes drink/bananas/fruit cake/ Carmans bars/ hot coffee/tea/gels/Anzac Cookies
- **Catholic School Hill Wonthaggi:** water/electrolytes drink /bananas/fruit cake/ Carmans bars/gels/Anzac cookies
- **Gravel refreshment station:** Kilcunda car park just after the historic rail bridge (gravel ride)



Image: Refreshment stations

NUTRITION

- It is vital to understand your body's carbohydrate needs for the challenge of your ride. Nutritional experts recommend you consume **one gram of carbohydrate per kilogram** of body weight per hour. If you feel hungry it's already too late! Make sure you have a wholesome breakfast before the ride.
- Please note that some local cafes will be open from 6am if you require breakfast.
- Please carry a few extra carbs e.g. gels if you use them, bananas, muesli bars etc.
- Make sure you carry a minimum of 2x750 ml water biddons with you – one full of water, the other electrolyte. You will have the opportunity to refill at every water station along

the way. Plan to drink all your fluids by the time you get to the next station. **Don't wait to feel thirsty before you drink, by then it will be too late.**

CLOTHING

- Your helmet must comply with Australian standards (**REMEMBER: NO HELMET=NO RIDE**) and your shoes in good condition. Carry a puncture kit (although we will be there to help you) mobile phone, sunglasses, some money.
- **Be prepared for unexpected weather changes.** The forecast for Inverloch and surrounds is not the same as Melbourne! It is your responsibility to carry arm warmers, leg warmers, rain jacket, gloves etc.
- **It is essential your rider identification number plate is attached to your bike at all times** for the duration of the event. Without it you will not have access to the start/ finish areas or any on course support. These will be linked to your personal details and this information will be used for identification if medical attention is required.
- Remember your sunblock even if the day is overcast.

YOUR BIKE

Make sure you check your bike carefully a few days before you leave home. Do not leave this until the last minute!

- **IMPORTANT NOTICE:** Rear tail lights are compulsory: If you do not have a working rear tail light you cannot start. We will have tail lights available for purchase on the day from Wheel Heat cycles.
- Brakes must be adjusted with adequate force to stop the bicycle. All bikes should have operating front and rear brakes.
- Brake pads must be in a suitable condition to stop the bicycle.
- All securing hardware must be present and in a tight, sound condition.
- Cables must not have any visible signs of fraying: cable ends should be fitted.

HELMETS

- All participants must wear an Australian approved BICYCLE helmet.
- Helmet must be in sound usable condition.
- Straps must have a working buckle.
- Helmets must be secured at all times.
- Shell must have no sign of structural damage.

NOTE: Other maintenance, such as gear adjustments, truing buckled wheels etc can also be completed to help with the performance of your bike.

If you have any queries regarding the above checklist, or your bike's set up or maintenance, drop into our local bike shops. **Wheel Heat Cycles in Wonthaggi** will ensure that your bike is ready to go. We will also have bike mechanics out on the course for your support.



CLEATS

Due Care: Event venue operators have requested that participants are **PROHIBITED** from wearing **CLEATS** inside where wooden flooring is present e.g. Archies Creek Hall.

BIKE STORAGE

Event Management takes no responsibility for any valuables lost before/ during or after the event. You must secure your bike with a lockable device. There will be a storage area for bikes.

START LINE ASSEMBLY AREA

Start area will be a secure area and an announcement will be made 30 mins prior to the start of each ride. A ride briefing will take place 15 mins prior to each start (10mins before for the gravel ride). See maps for assembly / start location.

EVENT TIMING

In the spirit of the BCCC, the event will not be timed. Riders can take this on themselves via riding apps such as Strava. However, each rider number will be recorded across the finish line to enable us to ensure that you have completed the course safely. If you intend not to finish please contact event staff via the contacts in this document.

CODE OF CONDUCT

The volunteer BCCC Organising Committee has worked long and hard with stakeholders and organisations to develop this event for your enjoyment. Our mission is to establish a good rapport and long term relationships with all venue owners and the people of Inverloch. We ask for your cooperation and assistance in respecting our volunteers, community and environment.

RIDER BEHAVIOUR

The BCCC is a ride **NOT A RACE**. Some of you will be riding through some challenging and remote areas where immediate medical and ambulance support will not be as readily available as in a major city. It is **CRITICAL** you do not take any risks that put you or your fellow cyclists in a potentially dangerous situation. Always show respect for your fellow cyclists and other road users and obey the event official's instructions.

YOU MUST FOLLOW ROAD RULES AND REGULATIONS AS SET DOWN BY VIC ROADS AT ALL

TIMES. The routes are **NOT CLOSED** to traffic and we do our very best to ensure that road traffic is aware that the event is in progress (through signage and volunteer marshalls out on the course).

- Ride on the left hand side of the road **ONLY**.
- Use hand/voice signals when changing direction. Do not ride more **than 2 abreast**.
- Do not ride within 2m of the rear of a moving vehicle or hold onto a moving vehicle.
- NO overtaking on descending corners. Do not pass on the inside.

Any cyclist observed to be infringing event rules and cycling etiquette will be removed from the event at the discretion of the Event Organisers. THINK SAFETY AT ALL TIMES!



COURSE DESCRIPTIONS

121km Course: [click here for our 121km ride on Strava.](#)



START Inverloch: Ramsay Blvd

- Inverloch: Left into Williams St
- Inverloch: Left in to Bayview Ave
- Inverloch: Across Bass Hwy on to Korumburra/Inverloch Rd
- (Major Roundabout), continue along for 13.1km
- Turn right into Stewarts Rd
- Turn left after 5km into Outtrim-Moyarra Rd-to climb Mt Misery 4km climb
- Turn left into Korumburra-Wonthaggi Rd
- After 2.5km turn right into Andersons Inlet Rd
- Caution Major Intersection with blind turn
- Continue along Andersons Inlet Rd for 9.1km
- Caution steep decent
- Turn left onto Bena-Kongwak Rd-
- Continue along Bena/Kongwak Rd for 14.8km
- Caution steep descent
- Turn right at the Kongwak Rd roundabout
- Continue along Kongwak Rd for 4km
- Turn right into Glen Alvie Rd Refreshment/Toilet Stop
- Continue along Glen Alvie Rd for 7km
- "T" Intersection-Cross Wonthaggi/Loch Rd onto Grantville-Glen Alvie Rd. (Major Intersection)
- Continue along Grantville-Glen Alvie Rd for 7.7km
- Turn Left onto Almurta-Glen Forbes Rd, Continue along Almurta-Glen Forbes Rd for 4.6km
- Turn left Into Dalyston-Glen Forbes Rd
- Continue along Dalyston-Glen Forbes Rd for 14.8km
- Caution Steep descents and sharp corners
- Turn left into Archie's Creek Rd, continue along Archie's Creek Rd for 2.4km, Refreshment/Toilet Stop at hall
- Turn right onto Wonthaggi-Loch Rd then after 200m turn left onto West Creek Rd, Continue along West Creek Rd for 5.6km
- Turn right onto Korumburra-Wonthaggi Rd
- Caution Cross road, Continue along Korumburra-Wonthaggi Rd for 7.6km
- Refreshment /Toilet Stop at Wonthaggi Catholic school Turn left onto Bass Hwy (Major Intersection)
- Continue along Bass Hwy for 300m and continue through McKenzie Street roundabout, after 1km turn right into Merrin Crescent
- Turn left into Cape Paterson/Wonthaggi Rd Continue along Cape Paterson Rd for 8km
- Turn left into Bunurong Rd (Cape Paterson-Inverloch Rd)
- Continue along for 12km into Inverloch,
- Continue through Inverloch via Toorak Rd, which turns into Venus street, continue down the steep hill
- At the bottom of the hill there is a sharp left hand bend, **continue along Ramsey Boulevard to finish.**

~100km Gravel ride Course: [click here for our gravel ride on Strava](#) (updated mid October, due to Rail Trail construction)



START Inverloch: Ramsay Blvd

- Inverloch: Left into Williams St
- Inverloch: Left in to Bayview Ave, onto Powlett St, up to Inverloch Kongwak Rd
- Bass Hwy / Inverloch Kongwak Rd, (Major Roundabout), continue along Inverloch Kongwak Rd for 7.1km
- Turn right into Lynns Rd- Gravel section
- Left onto Drysdale Rd
- Turn left onto Outtrim/Leongatha Rd- **GIVE WAY**

WAY

- Turn right onto Drysdale Rd , Follow until T intersection (Outtrim-Leongatha road)
- Turn left onto Outtrim -Leongatha Rd
- Turn right onto Ryeburn Rd
- Turn left onto Rileys Rd
- Continue along Rileys Rd, up Mt Misery gravel road 11% gradient
- Turn left at the top of Mt Misery gravel Rd (Outtrim Moyarra Rd)
- Descend down Mt Misery (Outtrim Moyarra Rd) to the T intersection
- Turn left onto Outtrim-Leongatha Road, continue for 500m
- Turn right onto Outtrim Inverloch Rd- Turns into gravel road
- Turn onto Mouth of Powlett Rd

- Continue along Outtrim Inverloch Rd for 4km
- Riders turn right onto Lynnes Rd, continue along the gravel road to the T Intersection and stop. (Traffic management in place)
- Continue along Lynnes Rd for 7.5km
- Turn left onto Korumburra/Wonthaggi Rd (main road). Continue along for 4km
- Catholic Hill refreshment stop
- After the refreshment stop, continue along for 400m. Turn left onto Wentworth Rd – continue along for 400m and cross Fincher St to the path
- Follow path to the information centre on McKenzie St (major intersection)
- Cross McKenzie St **with caution**. Marshals to guide direction
- Continue along rail trail, stop at Biggs Drive, cross road remain on rail trail- Marshals to guide direction
- Riders continue along the rail trail for 1km, stop at Sth Dudley Rd. Caution when crossing
- Continue along rail trail until Lower Powlett Rd
- Turn left into Lower Powlett Rd
- continue along Lower Powlett Rd, turn right onto the road around the top of the desal plant: signs will direct you
- Continue until you reach Mouth of Powlett Rd,

- Continue for ~3km until you meet the Rail trail, turn left onto the rail trail
- Continue to Kilcunda, **across the historic rail bridge** (see image below), turn left into the car park
- Refreshment stop and toilets
- Turnaround point, back across the bridge, along rail trail, to Mouth of Powlett Rd
- Turn right into Mouth of Powlett Rd
- Continue for ~3km, turn right onto sandy trail (follow green arrow signage), ride around the south side of the desal plant, on the sandy trail
- At the end of the trail riders cross Lower Powlett Rd back onto another sandy trail
- Riders continue around the trail then end up back onto Lower Powlett Rd
- Turn right onto Lower Powlett Rd, continue along for 3km
- Turn right onto Webb St
- Turn left onto W'Area Rd- Continue along for approx. 3km
- Turn right onto single trail – Marshal and signage to guide rider
- Continue along trail for approx. 500m until trail meets Campbell St
- Turn left onto Campbell St- continue along for 500m
- Turn right onto Brown street- gravel road which turns into Merrin Cr
- Continue along Merrin Cr for 300m to the T intersection on Cameron St
- Stop and give way at Cameron St. Marshal at intersection
- Turn right onto Cameron St. Continue along Cameron St ~1.5km. Cameron Street turns into Berry's Rd
- Continue along Berry's Rd for 2.5km towards Harmers Haven
- Turn left onto Old Boiler Rd- Continue for 500m, stay left, then continue along Old Boiler Rd for 2km
- Turn right onto Wilsons Rd- Continue long Wilsons Rd for 2km
- Turn left onto Seaward Dr- Continue along Seaward Dr for 1.5km
- All riders approach T intersection – Riders to stop and give way – Marshal at intersection.
- Riders cross intersection with caution. Obey road rules cross onto Cape Paterson Rd
- Turn left onto Cape Patterson/Inverloch Rd
- Turn left into Bunurong Rd (Cape Paterson-Inverloch Rd)
- Continue along for 12km into Inverloch
- Continue through Inverloch via Toorak Rd, which turns into Venus street, continue down the steep hill
- At the bottom of the hill there is a sharp left hand bend, continue along Ramsey Boulevard to finish.



85km Course: [click here for our 85km ride on Strava.](#)



START Inverloch: Ramsay Blvd, Inverloch, left into Williams St

- Inverloch: Left in to Bayview Ave
- Inverloch: Across Bass Hwy on to Korumburra/Inverloch Rd
- (Major Roundabout), continue along for 13.1km
- Turn right into Stewarts Rd
- Turn left after 5km into Outtrim-Moyarra Rd climb Mt Misery 4km Hill climb
- Turn left into Korumburra-Wonthaggi Rd
- After 2.5km turn right into Andersons Inlet Rd
- Caution Major Intersection with blind turn
- Continue along Andersons Inlet Rd for 9.1km
- Caution step decent
- Turn right at the Kongwak Rd roundabout
- Continue along Kongwak Rd for 4km
- Turn Left onto Glen Alvie Rd Refreshment/Toilet Stop
- Continue along Glen Alvie Rd for 5.2km until you reach the crossroads of West creek Rd/Korumburra /Wonthaggi Rd
- Continue past the cross road along Korumburra-Wonthaggi Rd for 7.6km
- Refreshment /Toilet Stop at Wonthaggi Catholic school
- Turn left onto Bass Hwy Major Intersection
- Continue along Bass Hwy for 300m and continue through McKenzie Street roundabout, After 1km turn right onto Merrin Crescent
- Turn left into Cape Paterson/Wonthaggi Rd continue along Cape Paterson Rd for 8km
- Turn left into Bunurong Rd (Cape Paterson-Inverloch Rd)
- Continue along for 12km into Inverloch,
- Continue through Inverloch via Toorak Rd, Toorak road turns into Venus street, continue down the steep hill
- **At the bottom of the hill there is a sharp left hand bend, continue along Ramsey Boulevard to finish.**



53km Course



START Inverloch: Ramsay Blvd, Left on to Williams St

- Inverloch: Left on to Bayview Ave, cross Bass Hwy (Major Intersection)
- Continue along for 13.2km
- Turn left into Kongwak-Inverloch Rd
- Continue along Kongwak-Inverloch Rd for 1km
- Turn Left onto Korumburra-Wonthaggi Rd ride through Kongwak
- Continue along Korumburra Wonthaggi Rd for 6.5km
- Turn Left onto Glen Alvie Rd. Refreshment/Toilet Stop
- Continue along Glen Alvie Rd for 5.2km until you reach the crossroads of West creek Rd/Korumburra /Wonthaggi Rd.
- Continue past the cross road along Korumburra-Wonthaggi Rd for 7.6km
- Refreshment /Toilet Stop at Wonthaggi Catholic school
- Turn left onto Bass Hwy Major Intersection
- Continue along Bass Hwy for 300m and continue through McKenzie Street roundabout, After 1km turn right onto Merrin Crescent
- Turn left into Cape Paterson/Wonthaggi Rd continue along Cape Paterson Rd for 8km
- Turn left into Bunurong Rd (Cape Paterson-Inverloch Rd)
- Continue along for 12km into Inverloch,
- Continue through Inverloch via Toorak Rd, Toorak road turns into Venus street, continue down the steep hill
- **At the bottom of the hill there is a sharp left hand bend, continue along Ramsey Boulevard to finish.**

40km Course



START Inverloch: Ramsay Blvd

- Inverloch: Left into Williams St
- Inverloch: Left into Bayview Ave
- Inverloch: Across Bass Hwy on to Korumburra/Inverloch Rd (Major Intersection), continue along for 7.3km
- Turn left into Lynnes Rd
- Continue along Lynnes Rd for 7.7km
- Turn Left into Korumburra-Wonthaggi Rd
- Continue along Korumburra Wonthaggi rd for 4.5km
- Refreshment /Toilet Stop at Wonthaggi Catholic school
- Turn left onto Bass Hwy
- Major Intersection, under control of Traffic Management Company
- Continue along Bass Hwy for 300m and continue through McKenzie Street, after 1km turn right onto Merrin Crescent
- Turn left into Cape Paterson/Wonthaggi Rd continue along Cape Paterson Rd for 8km
- Turn left into Bunurong Rd (Cape Paterson-Inverloch Rd)
- Continue along for 12km into Inverloch,
- Continue through Inverloch via Toorak Rd, Toorak road turns into Venus street, continue down the steep hill
- **At the bottom of the hill there is a sharp left hand bend, continue along Ramsey Boulevard to finish.**

FIRST AID

St Johns will be on site. There will **NOT** be an ambulance on site. The information tent area is manned with a communications person that will help contact emergency services if required.

CYCLISTS ARE ADVISED TO ENSURE THEY HAVE ADEQUATE AMBULANCE COVER: A TRIP TO WONTHAGGI HOSPITAL FROM INVERLOCH CAN COST IN EXCESS OF \$2000 AND THE BASS COAST CYCLE CHALLENGE WILL NOT BE RESPONSIBLE FOR ANY COSTS INCURRED IN THE EVENT OF AN ACCIDENT.

Where it is deemed an incident requires Emergency (ambulance) transport, the patient will be removed from further injury/danger at the discretion of the Medical staff. This includes potentially life threatening injuries, muscular skeletal injury, major haemorrhage, spinal injury or any incident where there has been loss of consciousness.

CHARITY



Proceeds from the BCCC go towards the RYDA program, funding road safety education courses in local schools in the Bass Coast and Gippsland region. Since the start of the BCCC, over 3000 students have undertaken potentially life-saving courses thanks to you, the participants of this event. Thankyou!

L2P LEARNER DRIVER MENTOR PROGRAM

Young people are matched with fully licensed volunteer mentors and have access to a sponsored vehicle, which they can use to get supervised driving experience. L2P is free for eligible young people and is funded by the Transport Accident Commission. The Program does not substitute for professional driving lessons and L2P does not pay for the probationary driving test itself.

SPONSORS & SUPPORTERS



Winners

gippsland life



SOCIAL MEDIA

Follow us and post about your #BCCC or #basscoastcyclechallenge adventures at:



@basscoastcyclechallenge



@BCCCchallenge



Bass_Coast_Cycle_Challenge

Thank you for participating in the 2023 Bass Coast Cycle Challenge. We hope you enjoy the day and look forward to seeing you back in 2024.

